



365 DAYS  
PER YEAR

## Out of hours advice line

Please call 0300 222 5755

An out-of-hours phone line provides advice to parents and carers who are struggling with behaviours or difficulties which could be related to neurodevelopmental need, such as Autism or ADHD.

Our skilled and friendly advisers will talk carers and families through ways of calming down difficult situations and remind them of their coping strategies.

**Mindworks**  
Surrey

Call - 0300 222 5755 5pm - 11pm  
Seven days a week, 365 days a year