



**Helping  
you...**

**and your family  
understand  
your baby, child  
or teen**



**Try these online guides with  
expert advice  
for each stage  
of your child's  
development  
- FREE if you  
live in Surrey**



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**UNDERSTANDING YOUR CHILD**



**SOLIHULL APPROACH**



**Children and  
Family Health  
Surrey**



# Top tips and advice

These FREE online courses have been written by qualified childcare, education and health experts and give helpful insight into your baby, child or teenager's behaviour.

- Understanding your pregnancy, labour, birth and your baby
- Understanding your baby
- Understanding your child 0-19 years.

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