

Weeks Starting: 15th April, 6th May, 3rd June, 24th June, 15th July, 9th September, 30th September and 21st October



Monday

Option 1

Cheese and Tomato Pizza with Potato Wedges

> Cheese and Five Bean Tomato Pasta

Tuesday

Option 1

Pork Sausages with Creamed Potato and Gravy

Quorn Sausage

with Creamed Potato

and Gravv

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Roasted Vegetable

Parcel with Roast Potatoes and Gravy

Thursday

Option 1

Chicken Korma Curry with Rice

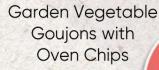
Friday

Option 1

Harry Ramsden's Fish with Oven Chips



Oriental Vegetable Noodles





Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Chocolate Cookie

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Fresh Dairy Yoghurt

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh **Bread**

Dessert:

Fresh Fruit Salad with Crème Fraiche

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert: 👩

Apple Sponge with Custard

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Vanilla Ice Cream





Vegetarian



Contains a minimum of 50% fruit



Weeks Startina: 22nd April, 13th May, 10th June, 1st July, 22nd July, 16th September and 7th October



Monday

Option 1

Vegan Sausage Roll with Potato Wedges

> Potato, Leek and Cheese Pie

Tuesday

Option 1

Chicken and Sweetcorn Meatballs in Tomato Sauce with Spaghetti

BBQ Meat Free

Meatballs with Spaghetti

Wednesday

Option 1

Roast Gammon with Roast Potatoes and Gravy

Glamorgan Sausage with Roast Potatoes and Gravy

Thursday

Option 1

Fruity Caribbean Chicken with Rice

> Caribbean Quorn Fajitas

Friday

Option 1

Fish Fingers with Oven Chips

Cheese and Tomato Pizza Swirl with Oven Chips



Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Shortbread Biscuit with Fresh Fruit Slices Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Fresh Dairy Yoghurt

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh **Bread**

Dessert: 🕔 🗂

Chilled Melon Slice

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Chocolate Sponge with Chocolate Sauce Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Twin Ice Lolly



Vegetarian



Contains a minimum of 50% fruit



Weeks Starting:

29th April, 20th May, 17th June, 8th July, 2nd September, 23rd September and 14th October



Monday

Option 1

Chef's Choice of Pasta



Mediterranean Vegetables with Couscous

Tuesday

Option 1

Italian Style Chicken Goujons with Oven Chips

Southern Style Quorn Burger with Oven Chips

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy



Vegan Sausage Cutlet with Roast Potatoes and Gravv

Option 1

Thursday

Beef Lasagne



Summer Vegetable Lasagne

Friday

Option 1

Harry Ramsden's Fish with Oven Chips



Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Fresh Dairy Yoghurt

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert: 🕠

Banana Sponge with Custard

Vegetable

Seasonal Vegetables, Salad Bar, Fresh **Bread**

Dessert: 🕠 🔞

Orange and Mandarin Jelly with Crème Fraiche

Vegetable

Seasonal Vegetables, Salad Bar, Fresh **Bread**

Dessert:

Lemon Shortbread Biscuit

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Raspberry Ripple Vanilla Ice Cream Sponge Roll



Vegetarian



Contains a minimum of 50% fruit